# 2011 Augusta Parks and Recreation Tennis Programming (instruction by ShardlowTennis)



### Junior Programming

"Little Kids" Kamp (grades K-5). This session of fun activities used to introduce the game of tennis to a younger group. This program was developed using information from the USTA's "Quick Start", USPTA "Little Tennis" and PTR's "Kids Tennis" to provide an entertaining and fun week of tennis. Emphasis is primarily on creating a fun experience while developing motor skills and racket control. Space may be limited. (8:30am – 10:30am)

Dates: Session I July 5– July 8 (Tuesday– Friday) Saturday RAIN DATE Session II July 18-21 (Monday – Thursday) Friday RAIN DATE

Cost: \$75 per child per week (2nd child half price)

"Middle Level" Camp (grades 6-8). This camp is specifically designed for middle school age (grades 6-8) beginners and intermediates wanting to learn or improve their tennis game. It will focus on correct technique and include such areas as stroke production, ball control, singles and doubles match play, basic strategy and tactics, and individual evaluations. It will be directed by a certified teaching professional. Limited to 24 participants per session. (8:30am – 11:30am)

Dates: Session I July 5– July 8 (Tuesday– Friday) Saturday RAIN DATE Session II July 18-21 (Monday – Thursday) Friday RAIN DATE

Cost: \$110 per student

ShardlowTennis Academy. Present high school varsity and JV players, as well as any player aspiring to play high school tennis should definitely attend this camp. Former New England USPTA and USTA "High School Coach of the Year", as well as five-time Kennebec Journal Coach of the Year, Wilbur Shardlow will again be directing this camp. Topics such as techniques of the "modern game" including correct biomechanics, advanced stroke production, mental training, singles/doubles strategy and tactics will be presented using specific "patterns of play" and competitive match play drills. Other clinic features will be the extensive use of the high-tech Dartfish® video analysis program and opportunities for supervised match play. Maximum 4 to 1 student-instructor ratio! Participants should bring a lunch and a water bottle. Maximum of 16 participants per session. (8:30am – 2:00pm) Additional information available through www.shardlowtennis.com

Dates: Session I June 27– July 1(Monday - Friday) Sat. RAIN DATE Session II July 11 - 15 (Monday - Friday) Sat. RAIN DATE

Cost: \$245 per student

Advanced Junior Training. This is a summer long program intended for the advanced competitive high school player willing to spend dedicated time on developing his/her game. Focus will be an analysis of individual strengths and weaknesses, designing a series of match play drills to improve skills and developing a mental approach for a competitive game. Monday will be spent on skills and drills while Thursday will develop match play. (4:30pm – 6:00pm). Limited to 16 participants.

Dates: June 20 – August 11 (Monday & Thursdays)

Cost: \$185 per student

**USTA Junior Tennis League.** USTA Jr. Team Tennis is designed for kids ages 6-18. All players are placed on co-ed teams and are divided by the following age and play levels: Age Groups: U18, U16, U14, U12, U10 and U8. Play Levels: Beginner, Intermediate, Advanced. Teams/league will be formed if there is enough interest.

Dates: TBA Cost: TBA

## **Adult Programming**

Intermediate Practice/Play League - (six week session). This is an adult league with organized practices and instruction on Tuesday nights along with supervised and instructional play on Thursday nights. This is a great opportunity to practice strokes and improve match play skills. Space may be limited.

Dates: Session 1 July 5- August 11 (Tuesdays & Thursdays 6:00pm - 8:00pm) Cost: \$100 per person

**Doubles Clinic** (6 - 1 hr sessions)This clinic will sequence reflex volley, positioning, and reaction drills to create a progressive approach to improving doubles play. This clinic is not designed for beginners and will not spend time on specific stroke production other than how it relates to match play. Emphasis is on developing a competitive approach to doubles using match play situations. Clinic is limited to 8 persons. (6:00 - 7:30pm)

Dates: July 11 - August 15 (Mondays 6:00 - 7:30pm)

Cost: \$85 per person

**Singles Clinics** (6 - 1 hr sessions). This clinic will emphasis a sequential approach to playing singles, building and refining individual strokes. Participants will be encouraged to develop a style unique to their own comfort level and abilities. This clinic is not designed for beginners and will not spend time on specific stroke production other than how it relates to match play. Space is limited to 6 persons.

Dates: July 1 August 15 (Wednesdays 6:00 - 7:30pm)

Cost: \$85 per person

**Start-Up Tennis Clinics** (6-1 hr sessions). Designed for the beginner, the basic strokes of the game (serve, forehand, backhand, & volley) will be introduced in a match play format. The focus will be on developing sound mechanics that will allow the participants to continue to develop their game at higher levels. Space may be limited.

Dates: June 28 - August 2 (Tuesdays 6:00 - 7:00pm)

Cost: \$55 per person

### **Private Lessons**

Private lessons, individual or group, are available with certified teaching staff. Please contact ShardlowTennis for times & rates.

### **Tournaments/Scrambles**

**Scrambles**: every Sunday from 5:30-7:30pm....starting June 12. All levels welcome !!! No Charge.

Check on the bulletin board at the courts for more upcoming events.

For more information,

please call ShardlowTennis @ 441-2498